

# Pullman Aquatic & Fitness Center

## Family & Friends Lesson Questionnaire

All guests requesting Family & Friends Lessons MUST complete this form before enrolling. This questionnaire will help us identify your needs and match you with the best instructor for you or your child. Please fill out as completely as possible.

Date of Application: \_\_\_\_\_

Parent Name (primary contact for group): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Alternative Phone: \_\_\_\_\_

Email: (optional) \_\_\_\_\_

1. How many students will be in the Family & Friends Lesson (Please fill out a questionnaire for each group of students) ☐ Three ☐ Four ☐ Five ☐ Six

2. What age range are the students?  
☐ 3 – 5 ☐ 5 – 7 ☐ 6 – 8 ☐ 7 – 9 ☐ 10 -12 ☐ 12 and older

3. What length of lesson is needed?  
☐ Preschool: 25 – 35 minutes ☐ Regular: 35 – 45 minutes ☐ Advanced: 45 – 55 minutes

4. How many lessons would you like? (minimum of 4 lessons per session)  
☐ 4-6 ☐ 7-10 ☐ 10 or more ☐ Unknown

5. What day(s) of the week are you available for lessons?  
☐ Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday ☐ Saturday ☐ Sunday

6. What time(s) are you available for lessons?  
☐ 7-9am ☐ 9-11am ☐ 11am-1pm ☐ 1pm-3pm ☐ 3-5pm ☐ 5-7pm ☐ 7-9pm

7. Do you have a specific instructor in mind? If yes, please write name below and stop filling out this questionnaire. If no, please continue:

8. What level are the students? ☐ Tadpole ☐ Turtle ☐ Frog ☐ Gator ☐ Seahorse  
☐ Trout ☐ Salmon/Swordfish ☐ Dolphin ☐ Adult ☐ Do not know

9. Instructor Characteristics (we will do our best to accommodate)

a. Sex: ☐ Male ☐ Female ☐ No Preference

b. Age: ☐ 16-22 ☐ 23-30 ☐ 31+ ☐ No Preference

c. Teaching Style: (you may choose more than one or add your own):  
☐ Mellow ☐ Playful ☐ Assertive ☐ Direct ☐ Quiet ☐ Loud

10. Any other information about the student that would help our instructor teach to the student's needs (learning styles, personality traits, special needs, physical limitations, etc.). \_\_\_\_\_

## Making Family Fitness FUN!

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